

## **For Immediate Release:**

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## **INDEPENDENT PRESS LAUNCHES FIRST BOOK**

(March 1, 2007, Seattle WA) Phoenix Publications, a local small press, has announced the release of its first book, *PATH OF THE WHITE WOLF*, co-authored by Robin Tekwelus Youngblood and Sandy D'Entremont. This life guide and workbook outlines a nine month course of study based on a combination of the traditions of indigenous cultures and contemporary shamanic practices. These teachings are designed to help readers achieve greater personal satisfaction in relationships, spirituality, and work.

“In today’s modern world, many of us are yearning for connection,” explains co-author Robin Tekwelus Youngblood. “*PATH OF THE WHITE WOLF* teaches the reader how to develop their own individual connection to the world around them and find a renewed sense of purpose and meaning in their daily lives.”

Through ritual, daily meditation and a series of exercises, the book teaches tools and concepts based on the Native American Medicine Wheel. “This universal metaphor for the circle of life exists in many cultures in many forms, as a symbol for the interconnectedness we all share,” says Youngblood. “The Wheel we use as the foundation for the teachings in the book is based on my personal connection to the Okanogan tribe.”

The book also includes a meditation CD that provides indigenous sounds, rhythms, and affirmations that support and accompany the rituals and exercises described in the book.

Robin Tekwelus Youngblood is of Native American descent, with ties to several tribes. By combining her unique heritage with the study of indigenous cultures all over the world, Robin has devoted her life to shamanic healing and practice. She is a popular public speaker, facilitator of spiritual growth workshops, and the author of many feature articles and columns. Co-author Sandy D'Entremont is a life-long student of earth-based spiritual practices. Her shamanic work focuses on supporting women’s circles and ceremonies. Sandy is also a published technical writer with over 20 years experience, and is currently working on a novel.

Phoenix Publications is a small, independent publisher dedicated to bringing forward Earth-based teachings that empower seekers to find their own unique spiritual heritage. They have recently launched their first book, *Path of the White Wolf*. Phoenix Publications is located in Western Washington.

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*Phoenix Publications/Path of the White Wolf Press Release*